

Review of Health Inequalities due to Diabetes

Adult Services and Health Scrutiny Panel



Diabetes

Type I

- genetic
- begins in childhood

Type II

- begins in adulthood
- influenced by race and lifestyle/diet




Diabetes in Rotherham

11,000 people....more than 2500 on insulin
(plus approx. 1,100 undiagnosed)

Obesity is everywhere!

Spend in 2008-09: £2.3 million per 100k population
...but outcomes not linked to spend





Deprivation and Demographics

High levels of deprivation in Rotherham

- lower levels of physical activity and poor diet
- greater risk of diabetes.

More people living longer

- more diagnosed and undiagnosed diabetes
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Treatment and Management

- GP
- Hospital-based specialist care
- Education
 - DAFNE
 - DESMOND
 - Learning Disability (for health professionals)

Issues raised

- Management of diabetes when attending hospital as an in-patient for another matter
- Rotherham branch of Diabetes UK
- Retinopathy screening

Recommendations

GENERAL THEMES

- Education and prevention
- Earlier diagnosis
- Spread good practice
- Better self-management

Recommendations


EDUCATION AND PREVENTION

- Include diabetes awareness in school PSHE classes
- Raise awareness among high risk groups
- Ensure those at risk due to obesity are offered early support



Recommendations

EARLIER DIAGNOSIS

- Pharmacies
 - Non-invasive testing
 - NHS Health Checks Programme
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Recommendations

SPREADING GOOD PRACTICE


- Prescribing
- Support for the recently-diagnosed





Recommendations

BETTER SELF-MANAGEMENT

- Regular retinopathy screening
 - Closer links between patients and service commissioners/providers
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SUGGESTED NEXT STEPS

- Members consider the recommendations
 - Circulate final report to all Panel Members, prior to being considered by PSOC, followed by Cabinet
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